

NOTE: In their bondage the Israelites had to some extent lost the knowledge of God, and departed from His precepts. The Sabbath came to be greatly disregarded by them; and in consequence of the oppression of the Pharaohs, especially the Pharaoh of the exodus, as witnessed by the rigorous exactions made upon them by this latter king through their taskmasters, its observance was made apparently impossible. **See Exodus 5:1-19.** The special point, both of reform and of conflict, just preceding their deliverance from bondage, was over the matter of Sabbath observance. Moses and Aaron had shown them that obedience to God was the first condition of deliverance. Their efforts to restore the observance of the Sabbath among the Israelites had come to the notice of Pharaoh; hence his accusation against them, "Wherefore do ye, Moses and Aaron, *let* [hinder] the people from their works? get you unto your burdens. . . . Behold, the people of the land are many, and ye make them rest [Heb., *Shabbath*] from their burdens." **Exodus 5:4-5.** Deliverance from this oppression was indeed, therefore, an additional and special reason for their keeping the Sabbath. But Egypt and Egyptian bondage simply represent sin and the bondage of sin. **See Revelation 11:8; Hosea 11:1; Matthew 2:15; Zechariah. 10:10.** Every one, therefore who has been delivered from sin has the same reason for keeping the Sabbath as had the Israelites who were released from Egyptian bondage.

10. What does the psalmist say was the reason why God brought His people out of Egypt, and placed them in Canaan?

"And He brought forth His people with joy, and His chosen with gladness: and gave them the lands of the heathen: . . . *that* _____ *might* _____ *His statutes, and* _____ *His* _____." **Psalms 105:43-45**



The Foundation Bible Lessons

PART 9:

The Sabbath

Topic: Reasons for Sabbath-Keeping

Lesson: 93

Part A

Volume: 9



MISSION STATEMENT

Foundation Progressive Sabbath Advent Ministries (FPSAM), Inc. exists to build upon the four **PILLARS** (*Mental, Physical, Spiritual and Social*) that **GUIDED** Jesus' life.

VISION

All Foundation Progressive Sabbath Advent Ministries (FPSAM), Inc. members will use the four pillars to establish and build their personal life and that of others.

SLOGAN

"Don't Accommodate Eliminate"

MOTTO

"Building on FOUR"

TEXT

"And Jesus increased in wisdom (Mental) and stature (Physical & Spiritual), and in favor with God (Spiritual) and man (Social)." **Luke 2:52**

WEBSITE

www.fpsam.org

1. What is the one great feature by which the true God is distinguished from all false gods?

"The Lord is the true God, He is the living God, and an everlasting king. . . . *The gods that have ___ made the **heavens and the earth**, even they shall perish from the earth, and from under these heavens. ___ hath ___ the earth by his ___,* He hath established the world by His wisdom, and hath stretched out the heavens by His discretion." **Jeremiah 10:10-12**

2. When Paul wished to preach the true God to the idolatrous Athenians, how did he describe Him?

"Whom therefore ye ignorantly worship, Him declare I unto you. *God that ___ the ___ and ___ therein.*" **Acts 17:23-24**

3. What did the apostles say to the idolaters at Lystran?

"We. . . preach unto you that ye should turn from these vanities unto the ___ God, which ___ heaven, and earth, and the sea, and all things that are therein." **Acts 14:15. See also Revelation 10:6; Revelation 14:6-7**

4. What reason is given in the fourth commandment for keeping the Sabbath day holy?

"For in ___ days the Lord ___ **heaven and earth**, the sea, and all that in them is, and rested the seventh day." **Exodus 20:11**

NOTES: The Sabbath is the great memorial of creation and/or God's creative power, a constant reminder of the true and living God. God's design in making the Sabbath, and in commanding that it be kept holy, was that man might never forget Him, the Creator of all things.

"The original Sabbath being a perpetual memorial of God, the Creator calling man to imitate God in the observance of the same, man could not keep the original Sabbath and forget God." **Prof. E. W. Thomas, M. A., in Herald of Gospel Liberty, June 19, 1890.**

When we remember that two thirds of the world's inhabitants today are idolaters, and that since the fall, idolatry, with its train of associated and resultant evils, has ever been a prevailing sin, and then think that the observance of the Sabbath, as God ordained it, would have prevented all this, we can better appreciate the value of the Sabbath institution, and the importance of Sabbath- keeping.



5. What does God say the Sabbath will be to those who hallow it, or keep it holy?

"And hallow My Sabbaths; and *they shall be a ___ between Me and you, that ye may know that I am the ___ your God.*" **Ezekiel 20:20**

6. How important is it that we know God?

"And *this is* ___, that they might know Thee the only true God, and Jesus Christ, whom Thou hast sent." **John 17:3**

7. Is there any danger of God's chosen people forgetting Him?

"___ that thou ___ not the Lord thy God, in not keeping His commandments, and His judgments, and His statutes." **Deuteronomy 8:11**

8. What other reason is given for keeping the Sabbath?

"Verily My Sabbaths ye shall keep: *for it is a ___ between Me and you throughout your generations; that ye may know that I am the Lord that doth* ___. you." **Exodus 31:13**

NOTE: To sanctify is to make holy, or to set apart for a holy use. The sanctification, or making holy, of sinful beings can be wrought only by the creative power of God through Christ by the Holy Spirit. In **1 Corinthians 1:30** we are told that Christ is made unto us "sanctification;" and in **Ephesians 2:10** it is said that "we are His workmanship, *created* in Christ Jesus unto good works." The Sabbath, therefore, is a sign of sanctification, and thus of what Christ is to the believer, because it is a reminder of the creative power of God as manifested in the work of regeneration. It is the sign of the power of God, therefore, in both creation and redemption. To the believer, it is the evidence, or sign, that he knows the true God, who, through Christ, created all things, and who, through Christ, redeems the sinner and makes him whole.

9. What special reason did the Israelites have for keeping the Sabbath?

"And ___ that thou wast a ___ in the land of Egypt, and that the ___ thy God ___ thee out thence through a mighty ___ and by a stretched-out ___: therefore the Lord thy God commanded thee to keep the Sabbath day." **Deuteronomy 5:15**

