

The Sabbath

God created for six days
And rested on the seventh
Then He blessed and sanctified it
Calling it His Sabbath

He said, My children, it's our sign
It's one of My commandments
Keep it for eternity
Holy like I planned it.

People think they're doing fine
In keeping this commandment
Little do they realize
That Sunday's not the Sabbath

Many years have come and gone
They've changed it through the ages
Tradition sings a different song
But God's Word never changes

But if you'd like to please the Lord
In a very special way
Get into praise and worship
Each and every day!

The Foundation Bible Lessons

PART 9: **The Sabbath**

Topic: Reasons for Sabbath-Keeping

Lesson: 93 Part B Volume: 9



MISSION STATEMENT

Foundation Progressive Sabbath Advent Ministries (FPSAM), Inc. exists to build upon the four **PILLARS** (*Mental, Physical, Spiritual and Social*) that **GUIDED** Jesus' life.

VISION

All Foundation Progressive Sabbath Advent Ministries (FPSAM), Inc. members will use the four pillars to establish and build their personal life and that of others.

SLOGAN

"Don't Accommodate Eliminate"

MOTTO

"Building on FOUR"

TEXT

"And Jesus increased in wisdom (Mental) and stature (Physical & Spiritual), and in favor with God (Spiritual) and man (Social)." **Luke 2:52**

WEBSITE

www.fpsam.org

NOTE: Their deliverance from Egyptian bondage was a reason for the keeping not only of the fourth commandment, but of every precept of God's law. This is indicated by the preface or preamble to the law as given on Sinai: "I am the Lord thy God, which have brought thee out of the land of Egypt, out of the house of bondage. Thou shalt have no other gods before Me," etc. **Exodus 20:2-3. See also Leviticus 19:35-37; Deuteronomy 10:19; Deuteronomy 15:2-15; Deuteronomy 24:17-18.** Likewise, everyone who, through Christ, has been delivered from the bondage of sin, God calls to obedience, not only in the matter of Sabbath-keeping, but to every precept of His holy law. Blessed is the man that doeth this, and the son of man that layeth hold on it; that *keepeth the Sabbath* from polluting it, and keepeth his hand from doing any evil." **Isaiah 56:2.**

11. What is the meaning of the word sabbath?

Rest.

NOTE: Previous to the fall, God designed that man's time should be occupied with pleasant, invigorating, but not wearisome labor.

Genesis 2:15. Laborious, wearisome toil came in consequence of sin. **Genesis 3:17-19.** While under the fall the Sabbath, therefore, may bring physical rest to both man and the beasts of burden (**Exodus 23:12**) in a way not originally intended, physical rest was not its original and primary design or purpose. Cessation from the ordinary labors and occupations of the week was ordained, not because these are wrong or sinful in themselves, but that man might have an appointed time and a frequently recurring period for the contemplation of the Creator and His works. Under the gospel, the Sabbath is a sign of spiritual rest and freedom from sin. So we read, "For he that is entered into His rest, he also hath ceased from his own works, as God did from His." **Hebrew 4:10**

12. Who gives this rest from sin?

"Come unto Me, all ye that labor and are heavy-laden, and *I will give you _____*. Take My yoke upon you, and learn of Me; for I am meek and lowly in heart: and ye shall find rest unto your souls." **Matthew 11: 28-29**

NOTE: The Sabbath, then, is the sign of the soul- rest which Christ gives to the weary and laden with sin.

13. Was the Sabbath intended as a day for public worship?

"Six days shall work be done: but the seventh day is the Sabbath of rest, an holy _____." **Leviticus 23:3**

NOTE: A convocation is an assembly of people.

14. Does the New Testament teach the same duty?

"Let us consider one another to provoke unto love and to good works: _____ *forsaking the _____ of _____ together*, as the manner of some is; but exhorting one another: and **so much the more**, as ye **see the day approaching.**" **Hebrews 10:24-25**

15. What does Malachi say of those that fear the Lord?

"Then they that feared the Lord _____ *often _____ to another*: and the Lord harkened, and heard it, and a book of remembrance was written before Him for them that feared the Lord, and that thought upon His name. And they shall be Mine, saith the Lord of hosts, in that day when I make up My jewels; and I will spare them, as a man spareth his own son that serveth him." **Malachi 3:16-17**

16. Will the Sabbath be observed as a day of worship in the new earth?

"For as the new heavens and the new earth, which I will make, shall remain before Me, saith the Lord, so shall your seed and your name remain. And it shall come to pass, that from one new moon to another, and *from one _____ to another*, shall _____ *flesh come to _____*. before Me, saith the Lord." **Isaiah 66:22-23**

NOTE: "Thou hast made us for Thyself, and our heart is restless till it find its rest in Thee." **St. Augustine**

