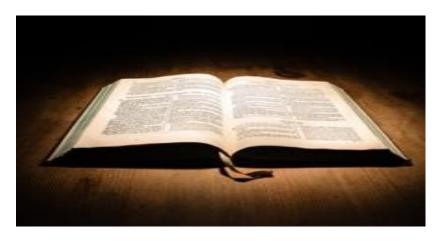
Lesson: 128. Volume: 12 Contentment Part A

God holds the future in His hand. O heart of mine, be still! His love will plan the best for thee, The best, or light or dark it be: Then rest ye in His will.

God holds the future in His hand. Why should I shrink or fear? Through every dark and cloudy day-Yea, all along my pilgrim way-His love will bless and cheer.

God holds the future in His hand. And I can trust His love. The past declares His faithfulness; His eye will guide, His heart will bless. Till I am safe above.



FOUNDATION PROGRESSIVE SABBATH ADVENT MINISTRIES (FPSAM), Inc.

The Foundation Bible Lessons

PART 12:

Christian Growth and Experience

Topic: Contentment

Lesson: 128



Volume: 12



MISSION STATEMENT

Foundation Progressive Sabbath Advent Ministries (FPSAM), Inc. exists to build upon the four **PILLARS** (Mental, Physical, Spiritual and Social) that GUIDED Jesus' life.

VISION

All Foundation Progressive Sabbath Advent Ministries (FPSAM), Inc. members will use the four pillars to establish and build their personal life and that of others.

SLOGAN

"Don't Accommodate Eliminate"

Мотто

"Building on FOUR"

TEXT

"And Jesus increased in wisdom (Mental) and stature (Physical & Spiritual), and in favor with God (Spiritual) and man (Social). "Luke 2:52

> **WEBSITE** www.fpsam.org

Lesson: 128.	Contentment	Part A	Volume: 12
1. What does the apostle say is great gain? "But with is great gain. For we brought nothing into this world, and it is certain we can carry nothing out." 1 Timothy 6:6-7			
2. With what are we exhorted to be content? "Let your conversation be without covetousness; and be with such as ye have: for He hath said, I will never leave thee, nor forsake thee." Hebrews 13:5. "And having and let us be therewith" 1 Timothy 6:8			
3. Concerning what does Christ tell us not to be anxious? "Be not therefore anxious, saying, What shall we? or, What shall we? or, Wherewithal shall we be? For after all these things do the Gentiles seek; for your Heavenly Father knoweth that ye have need of all these things." Matthew 6:31-32, R. V.			
NOTE: "Live not in careful suspense." Luke 12:29, margin			
4. What evils befall those who are determined to be rich? "But they that will be rich into and a, and into many and lusts, which drown men in destruction and perdition. For the love of money is the root of all evil: which while some coveted after, they have from the, and themselves with many"1 Timothy 6:9-10			
5. By what illustrations did Christ teach contentment? "Consider the: for they neither sow nor reap; which neither have storehouse nor barn; and God feedeth them: how much more are ye better than the fowls? Consider the how they grow: they toil not, they spin not; and yet I say unto you, that Solomon in all his glory was not arrayed like one of these. If then God so clothe the grass, which is today in the field, and tomorrow is cast into the oven; how much more will He clothe you, O ye of little faith?" Luke 12:24-28			
6. What lesson in co	atsoever l	•	
7. What ancient property in the property in th	emaineth, <mark>seed-t</mark>	ime and ha	rvest, and cold and

Lesson: 128. Contentment Part A Volume: 12

8. Upon whom should we cast all our care?

"Casting all your care upon ____ [God]; for He careth for you." 1 Peter 5:7.

NOTES: "Contentment produces, in some measure, all those effects which the alchemist usually ascribes to what he calls the philosopher's stone. **If it does not bring riches**, it does the same thing by banishing the desire for them. If it cannot remove the disquietudes arising from a man's mind, body, or fortune, it makes him easy under them."- **Addison**

"A contented mind sees something good in everything, fair weather in every wind, blessings in every storm.

"If we cannot get what we like, we should try to like what we get."

"There is no malady more severe than habitual discontent."- Fleming

"If you cannot frame your circumstances in accordance with your wishes, frame your will in harmony with your circumstances." **Epictetus**

"A contented mind is a continual feast"

